

**Calling All  
Groups & Teams!  
Support NF while  
showing your  
team spirit !**



**SAT. MARCH 21, 2009**

## 5th Annual NF Steps

5k Run/Walk  
At Lagoon Valley Park  
Vacaville, CA

Come Support  
Neurofibromatosis  
while sporting  
your school colors, showing  
your team spirit & enjoying  
a Day at the Park for a  
Great Cause!



- Gather your teammates, your church group, riding club, reading group, walking buddies, etc.
- Registration Fee is \$25 per person Ages 4—10 \$12.00 and under 3 are free
- Raise more donations and be eligible for prizes
- A plaque will be presented to the highest earning team and to the team showing the most team spirit.
- Raffle Prizes, Silent Auction, Music, Games for the kids. Fun for all !

### What is NF?

Neurofibromatosis (NF) is a genetic disorder of the nervous system that causes tumors to form on the nerves anywhere in the body at any time. NF is a progressive disorder that affects all races and both sexes equally. The effects of this disorder can be:

- Tumor Growth
- Cancer
- Learning Disabilities
- Bone Deformities
- Disfigurement
- Hearing Loss

Currently there is no cure for Neurofibromatosis. With your help, there is hope for treatments and cure for those with NF.

For more information:  
call: 707-469-0467 email: [events@nfcalifornia.org](mailto:events@nfcalifornia.org)  
visit our website: [www.nfcalifornia.org](http://www.nfcalifornia.org)